



GD GOENKA PUBLIC SCHOOL, DEHRADUN

MESS MENU w.e.f. 16th July 2024 to 31st July 2024

DAY	BREAKFAST	LUNCH	SNACKS
MONDAY	POORI BHAJI	VEG FRIED RICE	SEASONAL FRUITS
	BOURNVITA MILK	VEG MANCHURIAN	
		VEG HAKKA NOODLES	
		CORN CHAAT	
		MOONG DAL HALWA	
TUESDAY	VEG MACARONI	DAL MAKHANI	SEASONAL FRUITS
	NAMKEEN DALIA	BHINDI DO PYAZA	
	MANGO SQUASH	RICE	
		MIX VEG RAITA	
		GREEN SALAD	
		CHAPATI	
		VERMICILI KHEER	
WEDNESDAY	IDLI SAMBAR	ARHAR DAL TADKA	SEASONAL FRUITS
	COCONUT CHUTNEY	MATAR MUSHROOM	
	ORANGE SQUASH	GREEN SALAD	
		CHAPATI	
		RAITA	
		RICE	
		SHAHI TUDKA	
THURSDAY	CHOLE KULCHE	BLACK MASOOR DAL	SEASONAL FRUITS
	CHOCOLATE MILK	PANEER BUTTER MASALA	
		RICE	
		BOONDI RAITA	
		GREEN SALAD	
		CHAPATI	
		RAVA KESARI	
FRIDAY	POHA MASALA	RAJMA CURRY	SEASONAL FRUITS
	ALOO GRILLED SANDWICH	ALOO MATAR	
	TOMATO SAUCE	RICE	
	LEMON SQUASH	CHAPATI	
		GREEN SALAD	
		RAITA	
		FRUIT CUSTARD	
SATURDAY	ALOO PYAZ PARATHA	HALF DAY	SEASONAL FRUITS & SNACKS VEG SANDWICH/ ALOO BONDA
	BUTTER		
	PLAIN CURD		
	GREEN CHUTNEY		
	BOURNVITA MILK		
SUNDAY	HOLIDAY		

Mess Captain

Catering Incharge

Principal