

GD GOENKA PUBLIC SCHOOL, DEHRADUN

MESS MENU w.e.f 1ST OCTOBER 2024 to 15TH OCTOBER 2024

DAY	BREAKFAST	LUNCH	SNACKS
MONDAY	ALOO BHAJI	YELLOW DAL TADKA	SEASONAL FRUITS
	PALAK KI POORI	PANEER BUTTER MASALA	
	MOONG DAL SPROUTS	RICE	
	BOURNVITA MILK	CHAPATI	
		GREEN SALAD	
		DESSERT- KESARI HALWA	
TUESDAY	PENNE PASTA	DAL MAKHANI	SEASONAL FRUITS
	VEGETABLE UPMA	ALOO GOBHI	
	LEMONADE	RICE	
		CHAPATI	
		GREEN SALAD	
		RAITA	
		DESSERT- FRUITS CUSTARD	
WEDNESDAY	MASALA UTTAPAM	KABULI CHOLE	SEASONAL FRUITS
	COCONUT CHUTNEY	MATAR MUSHROOM	
	SAUTE VEGETABLE	RICE	
	BOURNVITA MILK	CHAPATI	
		GREEN SALAD	
		RAITA	
		DESSERT- GULAB JAMUN	
THURSDAY	PAV BHAJI	BLACK MASOOR DAL	SEASONAL FRUITS
	BLACK CHANA CHAAT	ALOO PALAK KA SAAG	
	LEMON CORIANDER SOUP	RICE	
		CHAPATI	
		GREEN SALAD	
		RAITA	
		DESSERT- RICE KHEER	
FRIDAY	ALOO SANDWICH	RAJMA CURRY	SEASONAL FRUITS
	TOMATO SAUCE	MIX VEGETABLE	
	VEGETABLE POHA	RICE	
	HOT CHOCOLATE MILK	CHAPATI	
		GREEN SALAD	
		RAITA	
		DESSERT- SEVIYAN KHEER	
SATURDAY	ALOO STUFFED PARATHA	HOLIDAY	SEASONAL FRUITS & SNACKS
	MINT CHUTNEY		
	PLAIN CURD		
	VEGETABLE DALIA		
	BUTTER, VEGETABLE BROTH		
SUNDAY			



MESS CAPTAIN



CATERING INCHARGE



PRINCIPAL

23/10/24